



POLICE SPORT UK Ltd

(Founded 1928 as the Police Athletic Association)

(Incorporated as a Company 2024)

RULES and GUIDANCE



**The Power of
Police Sport UK**

The Company is governed by the Articles of Association in line with Company standards and requirements.

These rules are formed by the PSUK Board of Directors and can be revised via the Board of Directors. These rules do not override, replace or supersede the Articles of Association.

	POLICE SPORT UK - REGIONS No. 1 North West - Cheshire, Cumbria, Greater Manchester, Lancashire, Merseyside, Isle of Man Constabulary. No. 2 North East - Cleveland, Durham, Humberside, Northumbria, North Yorkshire, South Yorkshire, West Yorkshire No. 3 East Midlands – Derbyshire, Leicestershire Lincolnshire, Northamptonshire, Notts No. 4 West Midlands – Staffordshire, Warwickshire, West Mercia, West Midlands No. 5 Eastern – Bedfordshire, Cambridgeshire, Essex, Hertfordshire, Norfolk, Suffolk No. 6 South East Hampshire, Kent, Surrey, Sussex, Thames Valley, City of London No. 7 South West - Avon and Somerset, Devon and Cornwall, Dorset, Gloucestershire, Wiltshire, States of Jersey Police No. 8 Metropolitan - Metropolitan Police No. 9 Wales - Dyfed Powys, Gwent, North Wales, South Wales No. 10 Scotland – Police Service of Scotland No. 11 Northern Ireland - Police Service of Northern Ireland No. 12 British Transport Police No. 13 Civil Nuclear Constabulary No. 14 Ministry of Defence Police No. 15 National Crime Agency Regional Coordinating Committees are encouraged but not mandated

1.	POLICE SPORT UK RULES NAME The company is Police Sport UK Ltd (hereinafter referred to as “Police Sport UK” or “PSUK”) A Sporting Section is a sport approved and endorsed by the Board as adopted by PSUK A Police Club or Club is a Force Sports and Social Club affiliated to PSUK by means of annual affiliation fee (paid by either the force or the club) Under Company law the ‘members’ of PSUK are the approved Directors To aid clarity, the broader affiliated forces, clubs and staff will be referred to as “Participation Members” rather than “Company Members (the board)”
2.	OBJECTS and STRATEGIC PRIORITIES The objects are defined in the Company Articles of Association The Objects are specifically restricted to the following: • to encourage all forms of amateur sport and its connection with health and wellbeing throughout the Police Forces of Great Britain and Northern Ireland; • to promote and control suitable sporting competitions and championships within the UK Police Service; • to support and encourage, for the benefit of the membership of affiliated sports clubs and sporting sections, any ancillary commercial enterprise which directly supports of the activities of Police Sport UK. The Strategic Priorities for 2026 are defined by the Board: 1. Increase the profile, reach and impact of Police Sport UK across serving and retired members in the UK.

	2. Maximise the role of Police Sport supporting physical, social and psychological health and well-being, in our overall efforts to promote the benefits of sport to Policing. 3. Maximise the support and regulation of National Police Championships as the flagship of approved sporting sections. 4. Maximise efforts to attract those younger in service to participate, working with Force Sports clubs, key stakeholders and partners to develop a breadth of offer, pathway and support at grass roots. 5. Maximise participation through transparent agreements and structures defining local competition, inter force competition, regional competition, National Championships and international competition.
3.	PARTICIPATION MEMBERSHIP Membership of the Police Sport UK shall be confined to Forces and Sports Clubs of Police Forces in the United Kingdom as defined by legislation relating to England, Wales, Scotland and Northern Ireland as currently enacted and in any amending Acts, plus any non Home Office Police Force as approved by PSUK Board of Directors. Membership is secured by means of Force annual affiliation fee. Individual Participation in PSUK Competition can be referenced at Section 14.

4	BOARD OF DIRECTORS The management of PSUK shall be invested in a Board of Directors in line with Companies House requirements. The Articles of Association define the formal requirements of the board. The Board will comprise of a Chair or joint Chairs, comprising of serving senior officer(s). The board will comprise of directors representing Police Clubs, the countries within the UK, Sporting Section Chairs and representatives of cohorts of the approved sporting Section.
5	THE FUNCTION OF THE BOARD OF DIRECTORS WILL BE:

	To deliver the Objects of the Company. To define and then deliver the Strategic Priorities of PSUK. To manage business via sub-committees: 1. Setting Annual Affiliation Fees and Budget setting 2. Section Grants and Funding Allocation 3. Championships / Events / Media 4. Income Generation The Board of Directors can define further Policy and Guidance as necessary for the efficient functioning of PSUK
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6.	MEETINGS The Board of Directors will meet a minimum of 3 times per year: The Annual General Meeting is not a formal requirement under company law, however it is commended as an annual opportunity to engage and update the broader participation members.
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7.	NATIONAL SPORTING SECTIONS SHALL BE COMPOSED OF: Chair appointed by Board of Directors and normally of Chief Officer rank. Retired officers may continue as Chair of Section. Section Secretary, Treasurer and Board of Directors Representative elected by the Committee. These roles can be held by the same individual if appropriate. It is recommended that at least 50% of all Section Committees shall be serving police officers or police staff.
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8.	THE FUNCTION OF NATIONAL SPORTING SECTION COMMITTEES WILL BE:
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	To elect a Chair, Secretary, Treasurer and committee. Advantage is seen in having a serving senior officer as chair, however this is not compulsory. To meet at least once per year and to hold an open annual general meeting for the sport (face to face or by video conference) To encourage the development of police sport within all affiliated forces, in line with PSUK Priorities. To organise National PSUK Championships. To select competitors for National and International representation. To ensure compliance with Police Sport UK policy, competition rules and the rules of the appropriate sport governing body.
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9	FINANCE The Board of Directors of Police Sport UK shall determine an annual budget for the period 1st January to 31st December in any year. Every affiliated sports club shall pay to PSUK an annual fee based on the force percentage of the annual budget determined by establishment figures based upon Home Office statistics at 30th September in the year prior to the collection of affiliation fees. Such fee shall be paid to PSUK Treasurer not later than the first day of April in each year.
10	ACCOUNTS The Board of Directors shall ensure Companies house requirements are fulfilled. Third party service providers can be appointed to fulfil this duty. The Board of Directors shall control the funds of the PSUK Ltd. The Senior Executive Officer and Accountant shall hold to the credit of the Association all monies received and the funds shall be vested in the name of Police Sport Uk Ltd.

11.	The Financial Year shall be from 1st January to 31st December. The accounts shall be made up to 31st December and after being audited the Annual Financial Statement prepared there-from. All Accounts (except Petty Cash Accounts) shall be paid by bank transfer. Payment to Sporting Sections is preferred to be club or association bank accounts, rather than personal bank accounts. The Senior Executive Officer and Accountant shall keep such cash and stock books as required by the Board of Directors. FINANCE RULES The financial rules shall apply to Sporting Sections. The Secretary of each Sporting Section shall submit to the Senior Executive Officer upon request a Grant application to cover sectional sporting activity for the forthcoming year. The relevant Board sub-committee will define the reference points for each years process. Sections will provide upon request accounts for the Grant funds received and for any PSUK championship. Any additional funds held by a section will be managed by the section committee and subject to annual review and scrutiny by that committee. Section Treasurers will submit by 16th January of each year a Balance Sheet and Accounts for the financial year ended on the previous 31st December for Grant funds and national championships.
12	AFFILIATION OTHER SPORTING GOVERNANCE PSUK shall be affiliated as necessary to the governing Associations and Societies of Sports adopted by PSUK.
13	CHAMPIONSHIPS Team and Individual Championships or Competitions promoted by PSUK shall be held annually. PSUK Championship guidelines shall be adopted by each section.

	A new or changed (significant structural or charging change – not just the change of venue) Championship needs to have Board of Directors (or delegated sub-committee) approval before activation.
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14	PARTICIPATION IN PSUK CHAMPIONSHIPS
i	Only members of affiliated forces or clubs who have been sworn in as paid Constables, Special Constables, paid Police Staff, retired Police Officers, retired Police Staff, or paid Cadets and some personnel affected by the Transfer of Undertakings Protection of Employment Regulations (Former Police Staff) (TUPE) process who are members of their Force Sports Clubs or Associations (if established) shall be eligible to participate in any event promoted by PSUK.
ii	A retired Officer or retired member of Police staff must be in receipt of a police pension or have served a minimum of 10 years and not resigned in circumstances where dismissal was anticipated.
iii	All participating members must be of amateur status, or who have been re- instated to amateur status.
iv	Should any member - (Police Officer or Police Staff) be subject to investigation which leads to them being suspended from duty, this will also suspend them from participation in Police Sport. Suspension from Police Sport will directly align to the suspension from duty.
v	Additional members may include Police Crime Commissioner Staff, Combined County Authority Mayor Staff, Agency Staff, Custody Detention Staff and any other staff employed in a police support role, providing the individual has been employed in such a role for a minimum of twelve months prior to competition and a) Is a contributing member of the Force Sports Club, b) The Force Sports Club rules allow the individual to participate in PSUK events, and c) The individual has been issued with a police identity badge having been fully accredited and vetted by the Force.
vi	In pursuit of this rule, retired personnel as defined below, shall only be permitted to obtain membership of affiliated forces or

vii viii ix x	clubs in the Force area in which they reside or in the force they have previously served in. The definition of paid Police Staff only covers paid employees of a Police Force. The definition does not cover other persons who are employed under contract to other organisations, whether or not they are employed on police premises. The definition of a retired Police Officer is a person who has retired as a member of a Home Department Police Force and is in receipt of a police pension. The definition of retired Police Staff is a person who has been an employee of a police force as defined in (b) who is in receipt of a police pension. The definition of staff affected by the Transfer of Undertaking Protection of Employment Regulations (Former Police Staff) (TUPE) process only applies to staff who continue to fulfil a police role and are employed in or from an existing police establishment. The definition of a retired Special Constable, only includes any officer who has retired and remains a member of the Force affiliated sports club, providing the officer has prior to retirement received a 'Police Long Service Award'. When a force is unable to field a complete team or relay it can then seek to join-up with another UK force to create a combined team or relay. This option is only to be adopted where a team cannot be formed from a single force, it is not for the purpose of strengthening teams. Forces employing this option will need to notify the PSUK championships/event organiser of their intent to field a combined team or relay.
15	CHALLENGE / PERPETUAL TROPHIES All Challenge or Perpetual Trophies (not annual Medals) are the property of PSUK. Winners may only hold them subject to the conditions of the agreement entered into by them. Clubs and participating members are responsible for their safe custody.
16	TROPHY REPAIRS The Senior Executive Officer and Accountant shall set aside a sum of money each year to cover the cost of any provision, loss or repair to the trophies belonging to Police Sport UK.

17	MINUTES OF MEETINGS The Senior Executive Officer or dedicated support staff to the Chair(s) of the Board of Directors and the Secretary of each Committee shall keep correct minutes of all proceedings. Such minutes may be stored electronically.
18	ALTERATION OF RULES The Board of Directors can change the rules as required for the efficient running of PSUK
	Rules and Guidance PSUK – UPDATED July 2026